

# SRS Track

Issue 1, Volume 4



## First Meet of the 2019 Season

Let's give a huge applause for the athletes that placed in the top 3:

### **Bernadette Biasseti**

3rd Place – Girls 50m

### **Joseph Monckton**

1st Place – Boys 200m

### **Eli Brady**

2nd Place – Boys 100m

### **Talia Ondy**

3rd Place – Girls 200m

### **Ava Canlas**

2nd Place – Girls 400m

2nd Place – Girls 100m

2nd Place – Girls 200M

### **Jonathan Voskov**

1st Place – Boys 100m

1st Place – Boys 200m

### **Liam Kirkman**

1st Place – Boys 400m

### **Kaela Zemo**

2nd Place – Girls 50m

Boys 4x100 Meter Relay – Third Place

1. **Kenneth McGahren**
2. **Liam Kirkman**
3. **Kyan Milo**
4. **Ryan Zemo**

Girls K-2 4x50 Meter Relay – Third Place

1. **Joclyn Falter**
2. **Jaclyn Gelston**
3. **Bernadette Biasseti**
4. **Kaela Zemo**

# UPCOMING EVENTS

## May 7th

Grades 3-8 ONLY

After-School Practice (3-4 p.m.)

**No Practice 5/12/19 – Mother's Day**

## May 19th –Meet

Arrive at 10:15 a.m., to check in

The Meet will run from 11 a.m. to 4 p.m.

**For Grades 3-8**, weekday practices are being held on Tuesdays from 3 –4 p.m. If your athlete cannot attend practice, please contact Fran Wong to remove them from the after-school Track Practice list.

## May 19 Meet Event Sign-Ups

Sign-up for 2019 Meet Events online, via Sign-Up Genius. For families with multiple athletes, you should sign up one child and then go back in (using the link) and sign up the other, etc.

- Please be sure you enter in the athlete's name in the Contact First and Last Name.
- **Sign-ups are due by 5/10/19.**
- We suggest you sign up now so your athlete can focus on preparing for those events.
- Here is the link to sign-up for the events for our *Meet scheduled for 5/19/19*. The link was also emailed separately.

## Meet Volunteers

After this weekend's meet, I have created the following Volunteer slots to help move the meet along more smoothly. We need 1 parent volunteer for each group and gender for the next meet. This volunteer position will be responsible for getting each of the children in their group to/from the field, stay with them on the field, and ensure the correct lane numbers are on their left leg. (additional lane numbers will be provided)

If your child is not participating in the event, you will still be responsible to escort your assigned grade/gender. Your athlete can come with you to help & cheer on their teammate.

This a great opportunity for you to be on the field and be in the action and more than 1 parent can assist; however, I would like 1 point person for each group.

Sign-ups slots can be found in the Meet Event sign-up genius link located at the bottom of this email!

## Coaches Corner

For after-school practices Grades 3-8, please send in your athlete with a water bottle

Since practices are limited before the next meet, please be sure your athlete is running before the next meet.

Broad Jump and softball throws can be practiced just about anywhere!

