

Track Events

Track events listed are in the following order (boys events are first, girls second unless otherwise noted):

<u>Event</u>	<u>Grades</u>
1. 1600M	5-6 (boys and girls run at the same time)
2. 1600M	7-8 (boys and girls run at the same time)
3. 4x50	K-2 (RELAY)
4. 400M	3-4
5. 400M	5-6
6. 400M	K-2
7. 400M	7-8
8. 50M	K-2
9. 100M	5-6
10. 50M	3-4
11. 100M	7-8
12. 200M	K-2
13. 200M	3-4
14. 200M	5-6
15. 200M	7-8
16. 800M	3-4
17. 800M	5-6
18. 800M	7-8
19. 4x100	3-4 (RELAY)
20. 4X100	5-6 (RELAY)
21. 4x200	7-8 (RELAY)

FIELD EVENTS (Field events will be held continuously throughout the meet.

Arrangements will be made to accommodate running and field events)

- Long Jump 5-8 - 3 jumps. Practice before meet. No practice jumps during meet. Long Jump to be an open pit. Practice jumps before meet begins only.
- Softball Throw K-8 -2 throws, no practice
- Shot Put 7-8 - scoring event, limited ONLY to 7 & 8th grade. 2 throws. No practice. (Shot Put is first before the Softball Throw)
- Broad Jump K-4 - 2 jumps, no practice

Grades K-2 – (2 events and a relay)

50M
200M
400M
4x50 (Relay)

Grades 3-4 (3 events and a relay)

50M
200M
400M
800M
4x100 (Relay)

Grades 5-6 (3 events and a relay)

100M
200M
400M
800M
1600M
4x100 (Relay)

Grades 7-8 (3 events and a relay)

100M
200M
400M
800M
1600M
4x200 (Relay)

RELAY PARTICIPATION IS NOT GUARANTEED. AN EVEN NUMBER OF PARTICIPANTS PER AGE GROUP IS REQUIRED TO FILL A RELAY TEAM – 4 RUNNERS PER RELAY.